Abdominal fullness

Periodic spontaneous abdominal pain

Stagnant Hán, but alternating blockage and free flow of Yáng Qi

Turbid Yín moves counterflow and invades Wèi

No desire for food

Vomiting

Severe spontaneous diarrhea

Hard bind below chest

Turbid and clear Qi are not properly managed

Pí Yáng fails to bear upward

If purging was used, result of wrong treatment

Absence of thirst

Hán and Shī in Zhōng Jiāo. Not yet affect Qi transformation in Xià Jiāo

Jīn-Yè can ascend to mouth. If severe diarrhea can have thirst.

Tài Yín abdominal fullness

Caused by Pí Yáng Xū with stagnating Hán-Shī

Intermittent, not eliminated by diarrhea

Warming and moving center Yáng, fortifying Pí, drying Shī
Tài Yīn Bìng Line 276

Primary signs → Fú Mài → Zhèng Qì is venting the pathogen outward

Pattern → Tài Yīn disease with concurrent exterior pattern

Treatment Principle → Treat the exterior first. The interior vacuity cold is not pronounced

Treatment → Gui Zhī Táng

Releases exterior, regulates Pí and Wèi, harmonizes Qì and Xuè
Support Zhèng Qì and expel the evil.

About a person with Tài Yīn constitution who gets zhòng-fēng

Guī Zhī Táng

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Function</th>
</tr>
</thead>
<tbody>
<tr>
<td>guī zhī 3 L</td>
<td>resolves exterior and cold, warm Yáng</td>
</tr>
<tr>
<td>shǎo yào 3 L</td>
<td>astringes Yīn, astringes Yíng</td>
</tr>
<tr>
<td>gân cáo 2 L</td>
<td>tonifies zhōng jiāo, harmonizes formula</td>
</tr>
<tr>
<td>dâ zāo 12 pcs</td>
<td>tonifies Qì, nourishes Xuè</td>
</tr>
<tr>
<td>shēng jiāng 3 L</td>
<td>warms zhōng jiāo</td>
</tr>
</tbody>
</table>

harmonize Yíng-Wèi
Primary signs

- Spontaneous diarrhea
- Absence of thirst

Pathomechanism

- Vacuity cold in Zhōng Jiāo

Treatment Principle

- Warming treatment

Treatment

- Si Ni type of formula

**Sī Nì** type of formula

- Lǐ Zhōng Tāng/Wán
  - Warm center, dissipate cold, strengthens Pi Wèi
  - **gān jiāng** 3 L: warms zhōng jiāo, dispels Hán
  - **rèn shēn** 3 L: supplement Pi, tonify Qi
  - **gān cāo** 3 L: tonifies zhōng jiāo, harmonizes formula
  - **bái zhú** 3 L: strengthens Pi, dries Shī

- Si Nì Tāng
  - Return Yáng, warms Shèn and Pi
  - **fú zǐ** 1 pcs: warms Shēn, returns Yáng
  - **gān jiāng** 1.5 L: warms zhōng jiāo, dispels Hán
  - **gān cāo** 2 L: tonifies/regulates zhōng jiāo, harmonizes formula

**Applications:**

- chronic gastritis, chronic colitis, excessive salivation, myocarditis.
- normal temperature of four limbs

- deficiency-cold of whole body and limbs

- Applications: acute myocardial infarction, cor pulmonale, oxic shock, acute gastroenteritis.
Tài Yín Bing Line 278

Tài Yín Disease shifting to Recovery and shifting into Yáng Ming

Tài Yín Yellowing Pattern

Transmuted Patterns

Color = dark yellow

Xié Qì in Biăo, Yáng Qì Xū

inappropriate or excessive promotion of sweat

Shāng Hán

Mài Fú

Indicates Biăo

Mài Huấn

Indicates Shī

Extremities spontaneously warm

Characteristic of Tài Yín Disease.

Yáng Qì still able to spread to extremities.

Generalized yellowing

Pì Xū ➔ cold and dampness are not transformed and become stagnant

Urine spontaneously uninhibited

Inability to yellow

Damp evil discharged through the urine.

Vexation & Diarrhea

Recovery IF

Warm limbs, bright Shén, slimy tongue fur that is gradually changing, return of appetite

To expel the evil

Excess of turbid yīn which has accumulated as result of Pì Xū

Formulas to consider

Yīn Chén Wū Líng Săn

Yīn Chén Zhú Fù Tăng

Extremities spontaneously warm

Generalized yellowing

Urine spontaneously uninhibited

Vexation & Diarrhea

Indicates Biăo

Indicates Shī
Tai Yin Abdominal Pain Pattern

Tai Yang Bing

Purging was used incorrectly

Damages Pi

EPF falls inward to Tai Yin

Injures Yang Qi

accumulation of cold damp

fails to transform and transport fluids

leads to accumulation of Shi

abdominal fullness

Qi stagnation and stasis of network vessels

resulting in

Severe distention pain in the abdominal region that is exacerbated by pressure

Warm Yang, harmonize Luo and drain repletion and abducting stagnation

Gu Zhi jia Da Huang Tang

Applications: chronic enteritis, gastroptosis, postoperative intestinal adhesion.

Gu Zhi 3 L
Shao Yao 6 L
Gan Cao 2 L
dazao 12 pcs
Sheng Jiang 3 L

Warm Yang
Augment Pi Yin, harmonize Xue, easing abd. pain
Tonifies zhong jiao, harmonizes formula
Tonifies Qi, nourishes Xue
Warms zhong jiao

Warm Yang
Invigorate Xue, transforms stasis, drain the repletion
Augment Pi Yin, harmonize Xue, easing abd. pain
Tonifies zhong jiao, harmonizes formula
Tonifies Qi, nourishes Xue
Warms zhong jiao

Tai Yin Bing

Line 279

Abdominal fullness with periodic pain

Warm Yang, boost Pi; quicken Xue and harmonize network vessels

Gui Zhi jia Shao Yao Tang

Gu Zhi 3 L
Shao Yao 6 L
Gan Cao 2 L
dazao 12 pcs
Sheng Jiang 3 L

too cold

reduce/omit

IF mai ruo and about to have or has spontaneous diarrhea

Because Pi Wei Xu, clear Yang cannot ascend.
Differentiation of Diarrhea

Tai Yin Diarrhea → diarrhea (sloppy stool) → Pi Wei Xu Han (impaired transportation and transformation)

Shao Yin Diarrhea → diarrhea with undigested particles of food → Shen Yang Xu failing to warm Pi

Yang Ming Diarrhea → foul smelling watery stool → Knotted Heat in Intestines

Differentiation of Abdominal Pain

Abdominal pain due to excess → pain which is aggravated by pressure → Cheng Qi Tang, Da Xian Xiong Tang, Da Chai Hu Tang, Tao He Cheng Qi Tang, Si Ni San,

Abdominal pain due to damp and heat → heat in abdomen → generate dryness and accumulation → abdominal pain due to constipation

Abdominal pain due to Yang Xu → pain due to cold from deficiency that is alleviated by warmth and pressure → Xiao Jian Zhong Tang, Li Zhong Wan, Si Ni Tang, Tao Hu Tang

Abdominal pain due to a complex of heat and cold → signs and symptoms of heat, cold, xu and shi, with no clear predominance of any one → Xiao Chai Hu Tang, Huang Lian Tang